

Secondary

S C H O O L S 2010 Spring Menu



WEEKLY CYCLE TO BE SERVED

January

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24 31	25	26	27	28	29	30

February

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28						

March

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

April

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

May

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23 30	24 31	25	26	27	28	29

June

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

 WEEK 1
 WEEK 2
 WEEK 3
 WEEK 4

"In accordance with Federal law and the U.S. Department of Agriculture policy, this institution does not discriminate on the basis of race, color, national origin, sex, age or disability. To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call (800)795-3272 or (202)720-6382 (TTY). USDA is an equal opportunity provider and employer."

FOR MORE INFORMATION ABOUT THIS PROGRAM, VISIT US AT

www.mcallenisd.org

Lunch *ala Carte*

PRICES

Entré	1.75
Side Dish50
Milk35
OJ35

SNACKS

Water 16 oz.....	1.00
Baked Chips50
100 Calorie Pack50
Pickles50
Ice Cream50
Cereal Bar50

STAFF & ADULT VISITORS

Breakfast	1.75
Lunch	3.00

BREAKFAST AND LUNCH MENU

BREAKFAST MENU

	monday	tuesday	wednesday	thursday	friday
week one	Assorted Cereal/ Graham Crackers	Potato & Egg Taco	Cinnamon Roll	Mini Pancakes/Syrup	Breakfast Kolache
week two	Assorted Cereal/ Graham Crackers	Breakfast Burrito	Biscuit Sandwich	French Toast Sticks/Syrup	Pop Tarts

Breakfast served daily with a variety of low-fat milk & 100% fruit juice.

LUNCH MENU

Menu subject to change without notice due to price increases and availability of food.
First meal is free. **Additional food items** available at a la carte prices.

	monday	tuesday	wednesday	thursday	friday
week one	Hot Ham & Cheese Hoagie OR Grilled Chicken Salad Served With Baked Chips Carrot & Cucumber Slices Ranch Dip Choice of Fruit Milk Choice	Turkey Corn Dog OR Asian Chicken Salad Served with Corn Cobette Steamed Vegetables Choice of Fruit Milk Choice	Chicken Burger OR Ham & Cheese Sandwich Served with Potato Wedges Burger Salad Choice of Fruit Milk Choice	Crispy Beef & Cheese Tacos OR Southwest Salad Served with Refried Beans Spanish Rice Lettuce and Tomato Choice of Fruit Milk Choice	Pizza OR Tuna Club Sandwich Served with Golden Corn Carrot & Celery Sticks Ranch Dip Choice of Fruit Chocoleana Cake Milk Choice
week two	Chicken Nuggets OR Grilled Chicken Salad Served with Macaroni & Cheese Ranch Style Beans Dinner Roll Choice of Fruit Milk Choice	Spaghetti & Meat Balls OR Asian Chicken Salad Served with Garden Salad Green Beans Italian Bread Stick Choice of Fruit Milk Choice	Hamburger OR Ham & Cheese Sandwich Served with Oven Fries Burger Salad Choice of Fruit Milk Choice	Beef & Bean Burrito OR Southwest Salad Served with Spanish Rice Carrot Coins Choice of Fruit Milk Choice	Pizza Sticks OR Tuna Club Sandwich Served with Golden Corn Carrot & Celery Sticks Ranch Dip Chilled Fruit Chocolate Chip Cookie Milk Choice
week three	Beef Fingers OR Grilled Chicken Salad Served with Mashed Potatoes Green Beans Dinner Roll Choice of Fruit Milk Choice	Cheese Ravioli OR Asian Chicken Salad Served with Garden Salad Steamed Vegetables Italian Bread Stick Choice of Fruit Milk Choice	Chicken Burger OR Ham & Cheese Sandwich Served with Potato Wedges Burger Salad Choice of Fruit Milk Choice	Cheese Enchiladas OR Ham & Cheese Sandwich Served with Spanish Rice Pinto Beans Lettuce & Tomato Choice of Fruit Milk Choice	Pizza OR Tuna Club Sandwich Served with Golden Corn Carrot & Celery Sticks Ranch Dip Choice of Fruit Chocoleana Cake Milk Choice
week four	Hot Dog OR Grilled Chicken Salad Served with Vegetarian Beans Carrot & Celery Sticks Ranch Dip Choice of Fruit Milk Choice	Salisbury Steak OR Chef Salad Served with Mashed Potatoes Green Beans Dinner Roll Choice of Fruit Milk Choice	Hamburger OR PB & J Sandwich Served with Oven Fries Burger Salad Fresh Fruit Milk Choice	Fideo con Pollo OR Southwest Salad Served with Pinto Beans Corn Tortillas Choice of Fruit Milk Choice	Pizza Sticks OR Tuna Club Sandwich Served with Golden Corn Carrot & Celery Sticks Ranch Dip Choice of Fruit Chocolate Chip Cookie Milk Choice